

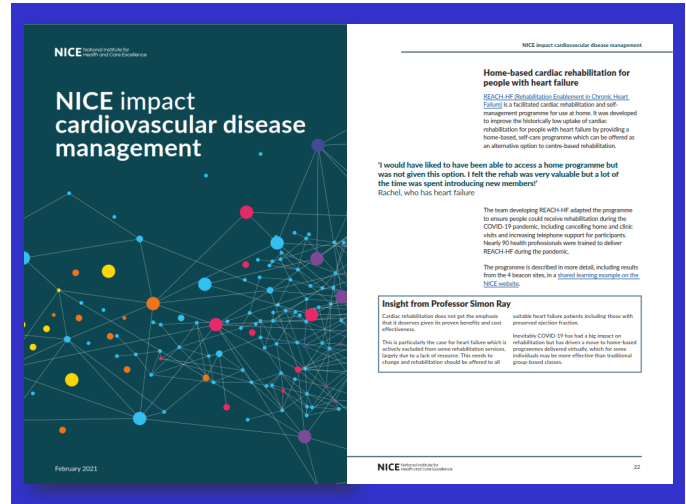
Welcome to the Spring Newsletter ! REACH HF has continued to be featured in various national websites and reports.

Issue 26 April 2021

NICE CVD Impact report

REACH HF has been prominently featured in the NICE CVD Impact report on Cardiovascular disease (CVD) management. This report highlights the benefits of cardiac rehab with a quote from Rachel, a patient with heart failure ***'I would have liked to have been able to access a home programme but was not given this option. I felt the rehab was very valuable but a lot of the time was spent introducing new members!'***

For the full report click [here](#)



NIHR Programme Grant Final Report

Having received the NIHR Programme Grant funding from 2013 to 2019 we are pleased that our final report (100+ pages!) is now in the public [domain](#):

A facilitated home-based cardiac rehabilitation intervention for people with heart failure and their caregivers: a research programme including the REACH-HF RCT

NICE 2021 Shared Learning Awards

REACH HF has been included NICE Shared Learning website– we were in consideration for NICE 2021 Shared Learning Awards but recently NICE made a decision to cancel the 2021 awards ‘to allow time for the system to recover from the pandemic’. Click [here](#) for further info. Delighted that the Wirral have also been included — Find out more [here](#)

Academic Health Sciences Network (AHSN)

The Academic Health Sciences Network (AHSN) website gives a summary of our initiative to provide REACH HF facilitator online training in 2020. REACH HF was one of the winners of South West AHSN Innovation Adoption Fund COVID-19 which enabled us to run five two-day REACH-HF online training courses (for 90 health care professionals with a potential to support nearly a 1000 patients with heart failure to access home based rehab during the pandemic. Find out [more](#)

REACH-HF Participant Feedback

Recently a participant in the REACH-HF program gave us feedback on her experiences of REACH-HF and what it meant to her, saying ***“I still use the Heart Failure Manual as a reference tool several years after I was involved in the trial. It is a mine of information and saves me having to go to my GP or heart failure nurse in the first instance.”*** It is great to hear that REACH-HF continues to have a positive impact on those who have taken part in the programme.

Welcome Adrian!

Adrian Clark has recently joined us as a Project Administrator to the REACH HF National Office and will be working alongside Chloe Thomas supporting Hayes Dalal, Sinead McDonagh, Sam van Beurden, Rosina Cross and the wider team in the administration, management, and commercialisation of REACH-HF.

Finally, the BHF funded D REACH HF project is going well & should complete in December & the NIHR Programme Development Grant study to digitise the REACH HF facilitator training started on time on April Fools Day!

The REACH HF team

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