JOO HOU (JOSHUA) NG

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Professional Objective (within these five years):

To be a professional researcher and lecturer in a university, contributing to the society through teaching, mentoring, coaching and research. To be able to empower university students professionally, helping them to develop themselves towards their fullest capabilities. To advance knowledge in the field of social, environmental and organisational psychology, education, and counselling.

Education:

University of Exeter, Devon, UK

2017 to present

o attempting PhD in Social, Environmental & Organisational Psychology

University of Exeter, Devon, UK

2016-2017

MSC Social & Organisational Psychology (Merit)

HELP University, Kuala Lumpur, Malaysia

2011-2014

Masters in Counselling (First Grade)

<u>National University of Malaysia (UKM)</u>, Selangor, Malaysia

2007-2010

o B. Soc. Sc (Hons) Psychology (First Grade)

Awards:

- The Exeter Award, University of Exeter, 2017
- Global Excellence Scholarships, University of Exeter, 2016
- Registered Counsellor, Ministry of Community Development, Malaysia, 2015
- Choice Theory Reality Therapy certified, William Glasser International, 2013
- Dean's Award, National University of Malaysia, 2007-2010

Publication:

Ng, J. H., & Jegathesan, A. J. (in press). Malaysian Chinese youths: Learning CTRT is fun and impactful!. *International Journal of Choice Theory and Reality Therapy*.

Ng, J.H., & Page., A. C. (in press). New directions for boosting self-esteem in Malaysian secondary schools. In A. J. Jegathesan, & S. S. Abdullah (Eds.), *Multicultural Counseling Applications for Improved Mental Healthcare*. US: IGI Global.

Research Thesis:

Where is my place? How acculturation orientations shape international students' experiences of, and performance within, different spaces on campus. University of Exeter, 2017.

Lived experiences of Chinese adolescents who from failing in their academic studies journey into passing grades. HELP University, 2014.

Survey analyses of resilience and academic improvement among Malaysian undergraduates. National University of Malaysia, 2010.

Courses:

- Choice Theory Reality Therapy (full course), 2013
- Interpersonal Psychotherapy (Level A), 2011
- Insight Based Therapy, 2013
- Jungian Based Sand Tray Therapy, 2014
- Solution Focus Brief Therapy and Mental Health Intervention, 2010
- Raphah Ministries: Understanding Christian Healing, 2010
- Freedom in Christ Ministries Seminar (Basic), 2010

Notable characteristics:

- Trilingual (Mandarin, English, Malay)
- Youth Camp Speaker (utilizing recent movies to motivate youths)
- Gift of empathy and trust (youth counselling/ mentoring)

Community service/ Volunteer work:

June 2017 – Present Pastoral Care, Belmont Chapel, Exeter
Oct. 2016 – Present Residence Life Mentor, University of Exeter
July 2010 – Aug.2016 Youth Mentor, Christian Union, Kwang Hua High School
Mar. 2012 – Feb.2016 Driver, Grace Assembly Klang

Jan. 2008 – Mar. 2010 Cell Leader, Hope International Ministries

Work experience:

2017 – Present <u>University of Exeter, Graduate Teaching Assistant</u>
2014 – Present <u>Choice Theory Reality Therapy practitioner & researcher</u>
2010 – Aug.2016 <u>Freelance youth mentor</u>

Jun. 2010 – Dec. 2011 <u>Kwang Hua National-Type Secondary School</u>, *Government School Teacher* Jan. – June 2007 Pin Hwa National-Type Primary School, *Temporary School Teacher*

International experience:

- Seoul. Workshop Presentor. William Glasser International Conference. 2016
- Jordan Palestine Israel. Pilgrimage. 2013
- Singapore. Hope International Ministries Global Conference. 2009

Extracurricular activities:

- Mandarin teacher, National University of Malaysia Undergraduate Association, 2007.
- Secretary of Christian Union, Klang High School, 2005/2006.
- Assistant Coach, Taekwondo, Klang North Association, 2004-2005.
- Sergeant of Red Crescent Society, Kwang Hua Klang, 2003/2004.
- Group Leader of Librarian Board, Kwang Hua Klang, 2003/2004.

Hobbies:

- Praise & Worship, and praying (Charismatic Protestant Christian)
- Quality conversation with mentor, peers, friends, students, and family members
- Reading (books, websites, Bible)
- Swimming and reflecting on life
- Thoughtful thinking via contemporary movies, TV series, and video clips