

## Innovative Practices in Arts, Health and Wellbeing: Spotlight on Museums and Art Galleries

Tuesday 12 March 2013, London



Join us for a half-day introduction to developing partnerships in arts and health and to hear about two of the most innovative and exciting arts and health interventions in the UK. This taster session presents a hands-on overview of how two distinct arts and health activities can transform lives and have real impact. Come along to learn how you might consider using these activities for different groups of people in healthcare and community settings. We have chosen these two workshops because they are both recent recipients of the annual Royal Society for Public Health Arts & Health Award and have demonstrated innovation in the arts and health field through addressing important public health issues.

### **1.00-1.30pm: Developing Partnerships in Arts, Health and Wellbeing**

Integrating the arts and health involves crossing and transforming boundaries and often working in different settings with different groups of people. It has become a world-wide practice over the past two decades and we have learned a great deal about what makes arts and health interventions effective. This presentation will help you consider how to develop or enhance arts, health and wellbeing practices in your community or organization by providing a 'partnership framework' in which to plan future programme development.

**Dr Paul M Camic**, FRSPH, FRSA is professor of psychology and public health, Department of Applied Psychology, Canterbury Christ Church University and has been involved in arts, health and wellbeing work in the US and UK for over 15 years.



### **1.30-2.30pm: Museum Object Handling and Museum Encounters**

The role of museums in arts and health is an idea that has gained considerable support in recent years. There is a wealth of practice-based evidence which suggests that museums contribute to different dimensions of health. In particular, recent research has shown that having contact and handling historic artefacts can enhance health, wellbeing and quality of life. This workshop will seek to stimulate your ideas by drawing together the exciting and emerging evidence base including scholarly research and practice-led examples; demonstrate, through hands-on learning, how museum encounters such as object handling contribute to enhanced wellbeing; and explore current methods for evaluating the impact of museum encounters on health, wellbeing and social engagement.

**Dr Helen Chatterjee** is Deputy Director of Museums, UCL Museums & Public Engagement and a Senior Lecturer in Biology in the School of Life and Medical Sciences, University College London.

### **2.30-3.00pm: Refreshment break**

### **3.00-4.00pm: The Art Gallery as an Interactive Place for Older People**

Art galleries across the nation are increasingly taking a more active role in using their collections and programmes to reach out to older adults and their families in order to provide a supportive and engaging educational and social experience for this population. International researchers have increasingly documented the important role of culture and the arts in public health and wellbeing. This workshop will focus on a well established and award winning programme, *Good Times: Arts for Older People* that has been offered by London's Dulwich Picture Gallery since 2005. The workshop will allow time for participation and discussion following the Good Times approach to creating arts activities for older people, intergenerational learning, offering a Prescription for Art and building partnerships with community groups.

**Michelle Weiner** is Community Engagement Manager at the Dulwich Picture Gallery, London.

### **4.00-4.30pm: Questions and Discussion**

**To reserve a place, please complete the booking form below.**

Please send the form by scan/email to [gmohajer@rsph.org.uk](mailto:gmohajer@rsph.org.uk) by fax: 0207 265 7301 or by post: Gina Mohajer, John Snow House, 59 Mansell Street, London, E1 8AN.

For any enquiries, please contact Gina Mohajer [gmohajer@rsph.org.uk](mailto:gmohajer@rsph.org.uk) Tel: 0207 265 7327.

**To reserve a place at the event:**

Please complete in BLOCK CAPITALS

Name of course you would like to attend: Innovative Practices in Arts, Health and Wellbeing

Date: 12<sup>th</sup> March 2013

Cost: £30.00 per person (no VAT payable).

Please note, places are guaranteed only upon receipt of payment and payments must be received by the RSPH 4 weeks prior to the course.

**Cancellation:** Substitutions can be made at any time. If notification of your intention to cancel is received more than 2 weeks prior to the course, a full refund will be made minus an administration charge of £40. Cancellations received after this time will receive no refund. Please note that notification of cancellation must be made in writing. If the minimum number of bookings for the event is not met, RSPH will inform you at least two weeks prior to the event date. You will have the choice of an alternative date or to withdraw from the booking and receive a full refund.

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